



Hawaii Ki Federation
 2010 Kauai Seminar
 Christopher Curtis-sensei, Chief Instructor

Dates: November 12, 13, 14
 Location: Hanapepe Dojo

Schedule:

Friday, November 12:

12:00 p.m., HKF Board meeting,
 Brick Oven Pizza, Kalaheo
 5:00 pm – 6:00 p.m. Registration
 6:00 pm – 7:30 p.m. Ki-Aikido

Saturday, November 13:

8:00 a.m. – 9:00 a.m. Registration
 9:00 a.m. – 10:30 a.m. Ki-Aikido
 10:30 a.m. Break
 10:45 a.m. – 12:00 p.m. Ki-Aikido
 12:00 p.m. – 2:00 p.m. Lunch
 2:00 p.m. – 4:00 p.m. Ki-Aikido
 6:30 p.m. – 8:30 p.m. Dinner, Kalaheo
 Neighborhood Ctr

Sunday, November 14

7:00 a.m. Dojo opens
 8:00 a.m. – 9:00 a.m. Soku Shin no Gyo
 9:30 a.m. – 11:30 a.m. Weapons Class
 11:30 a.m. – 12:00 p.m. Q & A Session
 12:00 p.m. – 2:00 p.m. Lunch
 2:00 p.m. – 4:00 p.m. Ki and Dan Testing

*** Participants, please bring jo, ken and misogi
 bell for the Sunday class. **Pre-register with
 Curtis-sensei prior to seminar if you are
 taking a Ki or Dan test.**

Hotels:

Sheraton Kauai (Poipu) 742-1661
 Kalaheo Inn (Kalaheo) 332-6023
 Tip Top Motel (Lihue) 245-2333

Seminar fees:

Children, under 18 \$20.00
 Seniors (65+).....\$20.00
 Adults\$50.00
 Non-members..... \$75.00

Meals:

Lunch (per day)..... \$10.00
 Saturday Dinner \$25.00

Make checks to: Kapaa Ki-Aikido Club
 Note at bottom: “2010 seminar”

Mail registration and payment, **by
 October 22**, to:
 James Takaki
 3183 Inouye St.
 Lihue, HI 96766

For more information, contact Lloyd
 Miyashiro, 822-4794 or Dean Mayer,
 639-7470

Registration Form

Name:

Address:

Phone:

Kyu/Dan Rank:

Dojo:

Emergency Contract:

Name:

Phone:

Payment includes:

Registration (check one) \$
 ___Adult ___Senior ___Child

Lunches: (check as needed)
 ___Saturday ___Sunday \$
 Check if Vegetarian ___

Dinner (Saturday): \$

TOTAL \$

Waiver

I certify that I am in good health and have no physical
 defects which would endanger my health in participation and
 practice of Shinshin Toitsu Aikido. In addition, I am a willing
 participant of the Hawaii Ki Federation 2010 Kauai Seminar
 held at the Hanapepe dojo, Kauai, Hawaii, on November 12,
 13, and 14, 2010. I hereby release and discharge the Hawaii Ki
 Federation, the Hanapepe Ki-Aikido Club, and the County of
 Kauai from any liability resulting from my participation of said
 activity.

Signature of the participant or parent

Date

Print Name